



Washington Nordic Club Race #5

White Pass Nordic Center, White Pass, WA (North side of SR12 "truck chain up area" parking lot) Saturday, February 24 11 A.M. First Wave Start 5K, 2K, 1K, 0.3K, Skate www.wncup.orq

Forecast/Conditions: Overnight low of 26 rising to 32 by starting time with a daytime high of 36. With a fully transformed and fast snowpack, grooming should firm things up nicely if overnight temperatures are as predicted.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure or covering a fine structure with one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions

Created by David Ford, Toko Tech Team member since 2003. fordstruc@gmail.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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